PhD Scholarship: Promoting wellbeing among adolescent male sport participants.

Dr Stewart Vella  
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Location  
Early Start Research Institute, University of Wollongong, Australia.

Overview  
Organised sports present an engaging environment in which to intervene to increase the health and wellbeing of children and adolescents. This is particularly so for adolescent males. The objective of this PhD program is to formulate, implement, and test the efficacy of a sports-based campaign to increase wellbeing among adolescent male sport participants. The project will be based on principles of positive psychology. The project is nested within a larger study that has been funded* by the Movember Foundation. The study, a cluster-randomised controlled trial, will involve 100 sporting clubs from around the country.

Responsibilities of the candidate  
In conjunction with senior researchers, the PhD candidate will be responsible for developing the content and structure of the intervention based on extensive formative research and principles of positive psychology. The candidate will also be responsible for the implementation of the intervention and testing its efficacy.

Funding support  
The PhD scholarship includes a stipend of $25,000 per year for 3 years.

Inquiries  
Please contact Dr Stewart Vella (stvella@uow.edu.au) with any questions about the scholarship.

Closing and Starting Dates  
We are currently seeking expressions of interest for the scholarship. The position has a starting date of early 2015, to be negotiated with the successful candidate.

*This study has conditional support pending funds raised during November 2014.